

QUALIFICATIONS

Postgraduate	University College London <ul style="list-style-type: none">• MsC Sports & Exercise Medicine	09/2016
	European Board of Orthopaedics and Traumatology <ul style="list-style-type: none">• Fellowship Exam	09/2015
	Registration in Specialist Register of Trauma and Orthopaedics	10/2014
	University College London <ul style="list-style-type: none">• Diploma In Sports & Exercise Medicine	11/2014
	Greek Board of Orthopaedics and Traumatology <ul style="list-style-type: none">• Fellowship Exam	07/2014
	Eurospine Diploma	04/2014
	Royal College of Surgeons of Edinburgh <ul style="list-style-type: none">• MRCS	03/2009
University	Aristotle University of Thessaloniki, Greece <ul style="list-style-type: none">• Medical Degree	2003

NHS POST

Consultant Spinal Surgeon
Guy's and St Thomas NHS Foundation Trust

FELLOWSHIP EXPERIENCE IN SPINAL SURGERY

Guy's & St Thomas' NHS Trust and National Hospital for Neurology and Neurosurgery Fellowship (February 2016 - February 2017)

Visiting Spinal Fellow, Hospital for Special Surgery, Spinal Department, New York, Supervisor: F Schwab (December 2015 - February 2016)

Oxford University Hospitals, Senior Spinal Fellow (August 2014 - December 2015)

Salford Royal NHS Foundation Trust, Manchester, Senior Spinal Fellow (July 2013 - August 2014)

CLINICAL EXPERIENCE AND EMPLOYMENT

February 2017- October 2017	Locum Consultant Spinal Surgeon Brighton and Sussex University Hospitals NHS Trust
February 2016 – February 2017	Senior Spinal Fellow Guy’s & St Thomas’ NHS Trust and National Hospital for Neurology and Neurosurgery, Mixed Neurosurgical and Orthopaedic Spinal Fellowship
December 2015 – February 2016	Visiting Spinal Fellow Hospital for Special Surgery Spinal Department, New York
August 2014 – December 2015	Senior Spinal Fellow Oxford University Hospitals
July 2013 – August 2014	Senior Spinal Fellow Salford Royal NHS Foundation Trust, Manchester
April 2013 – July 2013	Trauma and Orthopaedic Registrar Spinal Surgery The Princess Alexandra Hospital
October 2012 – April 2013	Trauma and Orthopaedic Registrar Upper Limb Surgery The Princess Alexandra Hospital
April 2012 – October 2012	Trauma and Orthopaedic Registrar Spinal Surgery

	The Princess Alexandra Hospital
October 2011 – April 2012	Trauma and Orthopaedic Registrar Upper Limb and Paediatric Surgery The Princess Alexandra Hospital
April 2011 – October 2011	Trauma and Orthopaedic Registrar Hip and Knee Surgery The Princess Alexandra Hospital
August 2010 – April 2011	Trauma and Orthopaedic Registrar Hip and Knee Surgery The Princess Alexandra Hospital
February 2010 – August 2010	Specialty Registrar Trauma and Orthopaedics Foot and Ankle Surgery Leeds General Infirmary
August 2009 – February 2010	Specialty Registrar Trauma and Orthopaedics Paediatric Orthopaedic Surgery Leeds General Infirmary
February 2009 – August 2009	ST2 Rotation Yorkshire Deanery Trauma and Orthopaedics Scarborough Hospital NHS Trust
August 2008 – February 2009	ST2 Rotation Yorkshire Deanery ITU Scarborough Hospital NHS Trust
January 2008 – August 2008	ST1 Spinal Surgery, Trust Grade Guy's & St. Thomas' Hospital
August 2007 – January 2008	ST1 Trauma and Orthopaedic Surgery, Trust Grade Chesterfield Royal Hospital, NHS Foundation Trust
April 2007 – August 2007	ST1 Rotation Trauma and Orthopaedic Surgery Chesterfield Royal Hospital, NHS Foundation Trust
December 2006 – April 2007	ST1 Rotation Accident and Emergency Chesterfield Royal Hospital, NHS

	Foundation Trust
August 2006 – December 2006	ST1 Rotation Trauma and Orthopaedic Surgery Barnsley Hospital NHS Foundation Trust
April 2006 – August 2006	Foundation Programme Year 2 General Surgery (Upper GI & Colorectal) Ealing Hospital NHS Trust
December 2005 – April 2006	Foundation Programme Year 2 Accident and Emergency Ealing Hospital NHS Trust
August 2005 – December 2005	Foundation Programme Year 2 Paediatrics Ealing Hospital NHS Trust
October 2004 – June 2005	Honorary Contract General Surgery (Colorectal, Upper GI, Vascular, and Breast) Ealing Hospital NHS Trust
July 2003 – July 2004	Community Medical Service Officer (equivalent to HO) Public Health Centre of Agios Nikolaos, Halkidiki, Greece Regional Clinic of Sarti, Halkidiki, Greece
April 2003 – July 2003	House Officer Rotation Public Hospital of Poligiros, Halkidiki, Greece

PUBLICATIONS

- 1. Quantifying the ‘Law of Diminishing Returns’ in Magnetically Controlled Growing Rods.**
Ahmad, T. Subramanian, **P. Panteliadis**, J. Wilson Macdonald, D. Rothenfluh, C. Nnadi
Bone Joint J. 2017 Dec;99-B(12):1658-1664.
- 2. Fixation of Thoracolumbar Fractures: A Retrospective Radiological Comparison of Outcomes**
P. Panteliadis, O. Musbahi, S. Muthian, S. Goyal, A.S. Montgomery, A. Ranganathan

Int J Spine Surg. 2017 Dec 5;11:32. PMID:29372136

- 3. Athletic population with spondylolysis: review of outcomes following surgical repair or conservative management.**
P. Panteliadis, N. Nagra, K. Edwards, E. Behrbalk, B. Boszczyk
Global Spine J 2016; 06(06): 615-625
- 4. Revision of a nonunited subtrochanteric femoral fracture around a failed intramedullary nail with the use of RIA products, BMP-7 and hydroxyapatite: a case report.**
Tzioupis C., Panteliadis P., Gamie Z., Tsiridis E.
J Med Case Reports. 2011 Mar 1;5(1):87. PMID: 21362192
- 5. A review of 202 periprosthetic fractures--stem revision and allograft improves outcome for type B fractures.**
Pavlou G., Panteliadis P., Macdonald D., Timperley J.A., Gie G., Bancroft G., Tsiridis E.
Hip Int. 2011 Jan-Mar;21(1):21-9. PMID: 21298624
- 6. Biological therapy of bone defects: the immunology of bone allotransplantation.**
Graham S.M., Leonidou A., Aslam-Pervez N., Hamza A., Panteliadis P., Heliotis M., Mantalaris A., Tsiridis E.
Expert Opin Biol Ther. 2010 Jun;10(6):885-901. PMID: 20415596
- 7. Neuromuscular scoliosis as a sequelae of Guillain-Barré syndrome.**
Edwards M.R., Panteliadis P., Lucas J.D., Pediatr J.
Orthop B. 2010 Jan;19(1):95-7. PMID: 19829158
- 8. The potential adverse effects of aromatase inhibitors on wound healing: in vitro and in vivo evidence.**
Howgate D.J., Gamie Z., Panteliadis P., Bhalla A., Mantalaris A., Tsiridis E.
Expert Opin Drug Saf. 2009 Sep;8(5):523-35. PMID: 19645634

RESEARCH

Thesis MSc in Sports and Exercise Medicine, UCL 2016

- Athletic population with thoracolumbar injuries. A review of the literature.
- Fixation of thoracolumbar fractures: a retrospective radiological comparison of outcomes.

Evaluation of magnetically control growing rods, Oxford 2016**Factors that can affect distraction of magnetically control growing rods, Oxford 2016****PODIUM PRESENTATIONS****INTERNATIONAL**

- 1. A review of 202 periprosthetic fractures, stem revision and allograft improves outcomes for type B fractures.**
HAOST 2011, Athens, Greece
- 2. Heterotopic ossification: Analysis of risk factors in 920 primary hip arthroplasties.**
HAOST 2011, Athens, Greece

NATIONAL

- 1. Discitis in children: An evolution in diagnostic success with the use of 16s rDNA PCR**
BASS 2017, Manchester
- 2. Comparison of primary and conversion surgery with magnetically controlled growing rods in children with early onset scoliosis**
BritSpine 2016, Nottingham
- 3. The Management of Pyogenic Spondylodiscitis.**
AO Spine Advanced Symposium- Newcastle, November 2014
- 4. The importance of a newly developed Transitional Care Unit and its impact on admissions to Special Care Baby Unit and the maternity unit.**
NW Thames Clinical Meeting, November 2005

REGIONAL

- 1. ARDS Treatment, Scarborough Hospital NHS Trust, ITU Departmental Teaching, November 2008**

2. **Cardiac output, Systemic vascular resistance, Mean arterial pressure & the effects of Catecholamine** Scarborough Hospital NHS Trust, ITU Departmental Teaching, September 2008
3. **Mortality and Morbidity in Spinal Surgery Guy's & St Thomas' Hospital**, Monthly Audit Meeting 2008
4. **The incidence of dislocation following primary total hip replacement** Barnsley Hospital NHS Foundation Trust, Orthopaedic Department, Audit Meeting, November 2006
5. **Chronic Pancreatitis**
Presentation: Public Hospital of Poligiros, Halkidiki, Greece, June 2003
6. **Pathophysiology and management of pain**
Presentation: Aristotle University of Thessaloniki, April 2002

POSTER PRESENTATIONS

1. **Immobilisation In Occipital Condyle Fractures: A Functional Outcomes Study**
EFFORT 2018, Barcelona, Spain
2. **Fixation of thoracolumbar fractures: A retrospective radiological comparison of outcomes.**
BASS 2017, Manchester
3. **The effect of magnetically controlled growing rod on the sagittal profile in early-onset scoliosis patients.**
BritSpine 2016, Nottingham
4. **221 Periprosthetic femoral fractures around total hip arthroplasty: Stem revision and allografting improves outcome.**
AAOS 2011, EFORT 2012
5. **Treatment of periprosthetic fracture of the femur around 3 implants.**
HAOST 2011, Athens, Greece
6. **Revision of a non-united subtrochanteric femoral fracture around failed intramedullary nail with the use of RIA, BMP7 and hydroxyapatite.**
The Association of Surgeons in Training Conference, March 2010
HAOST 2010, Athens, Greece
7. **The efficacy and safety of oral direct factor Xa inhibiting anticoagulants in elective total hip and knee arthroplasty.**
EFORT 2010
HAOST 2010, Athens, Greece

8. **Patellar resurfacing in total knee arthroplasty. Does design matter?**
EFORT 2010
9. **Relation of bone quality and fracture topography in periprosthetic femoral fractures.**
HAOST 2010, Athens, Greece
10. **Neuromuscular Scoliosis as a sequelae of Guillain-Barré syndrome.**
EFORT 2009
11. **Angioplasty and stent placement in carotid artery stenosis.**
North-Hellenic Medical Congress, 2003
12. **Endovascular treatment of Abdominal Aortic Aneurysms.**
North-Hellenic Medical Congress, 2003

AUDITS

- **Spinal Referral Pathway- Spinal Outpatient Data**
Guy's & St. Thomas' Hospital, June 2018
- **Consenting for elective spinal procedures – a service evaluation on patient satisfaction.** Guy's & St. Thomas' Hospital, 2017
- I was involved in the BSS national audit. I was responsible for the collection of the local data. Salford Royal NHS Foundation Trust, 2013
- **“Consenting practises of Junior doctors in Orthopaedics”**
Princess Alexandra Hospital NHS Trust, 2012
- **“Identification of mistakes in ICU drug charts”**
Scarborough Hospital NHS Trust, ICU Department, January 2009
- **“Morbidity & Mortality, monthly audit meeting”**
Guy's & St. Thomas' Hospital, Orthopaedic Department, 2008
- **“The incidence of dislocation following primary total hip replacement”**
Barnsley Hospital NHS Foundation Trust, Orthopaedic Department,
November 2006
- **“The importance of a newly developed Transitional Care Unit and its impact on admissions to Special Care Baby Unit and the maternity unit.”**
Ealing Hospital NHS Trust, Paediatric Department, September 2005

COURSES/ MEETINGS**Treatment of degenerative lumbar disease using the extreme lateral approach**

Amsterdam 11-12/6/2018, Nuvasive

XLIF Course, RTI

Madrid, 17-18/05/2018

Britspine 2018

Leeds, 21-23/03/2018

Baxter, Advanced Surgery Hands-on Workshop

Vienna, 08/03/2018

BASS 2017

Manchester 15-17/03/2017

Complications in Spine Surgery

1-2 June 2017, Globus, Coventry UK

MAS Posterior Treatment Options MAS PLIF/ MAS TLIF.

22-23 May 2017, Nuvasive Switzerland

AOSpine Advanced Level LiveTissue Training Course - Complications Management

Istanbul Turkey, April 2017

Salford Orthopaedic Series: Spinal Tumour Masterclass

Manchester, March 2016

Teach the Teacher Course for Doctors

Oxford Medical, London, 31 October 2015 - 01 November 2015

Management Course: Appraisal Leadership and Development

Oxford University Hospitals NHS Foundation Trust, 30 October 2015

Anterior Spinal Approach Course, Nottingham, 22-23 June 2015**Midas Rex Hands-on Workshop**

Tolochenaz, Switzerland, 18-19 March 2015

ISASS Navigating Controversies in MIS Spine Surgery, Paediatric Scoliosis and Adult Deformity

Las Vegas, 16-17 January 2015

AO Spine Advanced Symposium, Newcastle, 20 November 2014**IEP European Spine Fellow Course, Amsterdam, 17 October 2014**

Eurospine Diploma, (Module 4-5), Strassbourg, April 2014

IEP European Spine Fellow Course, Paris, October 2013

Introduction to Minimally Invasive Surgery

Stryker, Coventry, 27 September 2013

NSpine Course, Nottingham, September 2013

European Spine Course Diploma (Module 1-3)

Lucern, Switzerland, 26-31 May 2013

AO Spine Principles Thoracolumbar Spine Surgery

Talinn, Estonia, 1-2 November 2012

Interventional Spine Course. Advances in Technologies and Techniques

Lucern, Switzerland, 1-2 October 2012

Advanced Trauma Life Support (ATLS), Poole Hospital, 02 March 2011

Patient Informed Consent for Clinical Trials

Leeds General Infirmary, 10 February 2010

AO Trauma Course-Principles in Operative Fracture Management,

Davos, 18 December 2009

CCRISP Course, Hull & East Yorkshire Hospitals, 8-10 December 2008

MRCS Viva Preparation Course-RCSEng Education week

South Yorkshire and South Humber Deanery, 16-20 October 2006

Basic Surgical Skills Course, Northwick Park Hospital, 8-10 May 2006

Radiology Course, Northwick Park Hospital, February 2006

Immediate Life Support (ILS), Ealing Hospital NHS Trust, February 2006

Basic Life Support (BLS), Ealing Hospital NHS Trust, February 2006

SPECIALIST SOCIETY MEMBERSHIPS

- General Medical Council, 6086165 (full registration)
- AO Spine
- British Association of Spinal Surgeons
- Royal College of Surgeons of Edinburgh

LANGUAGES

- English, spoken and written fluently
- Greek, spoken and written fluently